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KAUFFMAN CENTER FOR THE PERFORMING ARTS ANNOUNCES
YOGA AT THE KAUFFMAN CENTER

The new program is presented in partnership with Saint Luke's Health System
Tickets go on sale Monday, Sept. 18 for sessions on Oct. 7 and Nov. 18

Kansas City, MO – Today, the Kauffman Center for the Performing Arts and Premier Partner Saint Luke's Health System announced a new event intended to further expand both organizations' efforts to serve and enhance the lives of people in Kansas City.

On Saturday, October 7 and Saturday, November 18, the organizations will host Yoga at the Kauffman Center. There will be two 60-minute sessions in Brandmeyer Great Hall each day, at 8:30 a.m. and 10 a.m. Participants will be activated in mind, body and spirit as a Saint Luke's medical professional will kick-off each session followed by a vinyasa flow yoga workout led by instructor Heather Rama. Local artists will provide live music, incorporating the performing arts into the yoga practice.

Yoga at the Kauffman Center is the latest event that Kauffman Center and Premier Partner Saint Luke's Health System have brought to the community. Since announcing the three-year partnership in November 2016, the two organizations have worked to connect and engage visitors of the Kauffman Center in new, creative ways.

"The Kauffman Center provides performing arts experiences to stimulate the mind and creativity, while Saint Luke's provides care and services for a healthy body. The two work together, playing an important role in a person's overall wellbeing," said Paul Schofer, CEO and President of the Kauffman Center for the Performing Arts. "Hosting yoga at the Center with a live musical performance invites the community to be active in mind, body and spirit."

The Kauffman Center and Premier Partner Saint Luke's Health System have worked together on several events in the past year. Introduced this spring, the Saint Luke's Survivor Seat honors those who have overcome extraordinary health challenges. Survivors holding the seat were recognized from the Muriel Kauffman Theatre stage prior to performances in the Kauffman Center's National Geographic Live series. In June, Saint Luke's Health System joined the annual Future Stages Festival as presenting partner, sponsoring the Saint Luke's Outdoor Stage and providing commemorative gifts to enhance the experience for youth performers. This summer, Saint Luke's and the Kauffman Center gave away a custom-made Go Life bicycle to the winner of a prize drawing held in Brandmeyer Great Hall. Entries for two more bike giveaways will be available throughout the 2017-2018 season.

Tickets for Yoga at the Kauffman Center will be \$15 per session, including fees, and will be available at 10 a.m. Monday, Sept. 18. Each ticket includes admission to one yoga session and a souvenir water bottle. Attendees must bring their own yoga mat and will be asked to sign a waiver when they purchase a ticket to this event. Tickets will be available through the Kauffman Center Box Office at (816) 994-7222, via the Kauffman Center mobile app, or online at www.kauffmancenter.org.



Photos by Tim Hursley and Getty Images.

ABOUT SAINT LUKE'S HEALTH SYSTEM

[Saint Luke's Health System](#) consists of 10 area hospitals and several primary and specialty care practices, and provides a range of inpatient, outpatient, and home care services. Founded as a faith-based, not-for-profit organization, the Saint Luke's mission includes a commitment to the highest levels of excellence in health care and the advancement of medical research and education. The health system is an aligned organization in which the physicians and hospitals assume responsibility for enhancing the physical, mental, and spiritual health of people in the metropolitan Kansas City area and the surrounding region.

ABOUT THE KAUFFMAN CENTER FOR THE PERFORMING ARTS

The Kauffman Center for the Performing Arts – a major not-for-profit center for music, opera, theater and dance designed by Moshe Safdie – opened in 2011. Serving as a cultural cornerstone for Kansas City and the region, the Kauffman Center delivers extraordinary and diverse performing arts experiences. Honored as one of the World's 15 Most Beautiful Concert Halls, the Kauffman Center attracts some of the world's most renowned performers and entertainers.

Through educational outreach programs and community enrichment, the Kauffman Center supports Kansas City as a cultural destination. More information on the Kauffman Center for the Performing Arts is available at kauffmancenter.org.

Follow the Kauffman Center on Facebook, Twitter and Instagram to get details about upcoming performances and behind-the-scenes access.



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